

Move Yourself Dance

DECEMBER
2024
NEWSLETTER



December Message From Move

We would like to wish all our dancers and dance families a very Happy Holiday Season. Dance classes officially end on Thursday, December 19, as we follow the same schedule as the School year. Classes will resume on Monday, January 6, 2025!

We wish you all a very Merry Christmas & a very Happy New Year! 2025 is just around the corner and we are super excited for all the events and surprises it has in store for us. We also hope you enjoy the break from class and that you all get to spend some quality time with friends and family over the holidays!

**Merry Christmas & Happy New Year from everyone at
Team MYD!**

Be Yourself • Challenge Yourself • Move Yourself

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Contact Us:

403-507-6590 OR 403-556-1456

office@moveyourselfdance.com

www.moveyourselfdance.com

MOVE YOURSELF
Dance
LTD.

Dancewear Merch Orders Arriving SOON!

Fall MYD Team Dancewear orders are arriving soon. Miss. Christine will contact you about your order when they arrive. If you have any questions about orders please contact Miss. Christine at 403-586-1115 or office@moveyourselfdance.com

Looking For An MYD Team wear Item for a Special Dancer on Your List? MYD has Some Old Stock For Sale!

MYD has some MYD team wear items in stock for your gifting needs this Christmas. If you are looking for MYD team wear for your dancer this Christmas and missed the fall order let us know! We might be able to help you out and fill their stockings!

Absences

For **ALL** parents and students we would like to remind you of our **MANDATORY ATTENDANCE POLICY**. For all students registered in festivals, which are all levels other than Hippity Hoppity, Dance Dream Discover & Tipity Tapity Toes, we will require them to miss no more than 3 unexcused classes between January - May. If there are more than 3 unexcused absences, the dancer may be unable to participate in festivals.

REMINDER! Attire, Hair & Jewelry Policy

Just a reminder that appropriate dance attire is required every week. We have a dress code in place for each discipline. This enables your instructors to see body lines and posture; therefore they can make proper corrections to all students.

Hair Must be up and away from the face in all classes to ensure safe execution of movements. Ballet students must have a bun. Short hair must be kept off the face by a headband or barrettes. Longer hair must be in a ponytail. Jewelry is also not permitted in class.

**Inappropriate attire or hair may result in the student being asked to sit out of class.*

Festival Invoices

All festival invoices have been sent out and this is a reminder that fees are due December 15. Payments will be accepted via cheque, cash or e-transfer to office@moveyourselfdance.com.

Costume Invoices

All costume invoices are currently being worked on and will be sent out before Christmas. Costume payment deadline is January 15. Payments will be accepted via cheque, cash or e-transfer to office@moveyourselfdance.com. Once costume invoices are sent out if you have any questions please let Miss. Christine know at office@moveyourselfdance.com.

Important Dates Coming Up To Remember

The Following Dates Should be Marked in Your Calendars For the Next Part of the Season:

- Christmas Break (No Classes)

December 20th - January 5th

- Classes Resume

January 6th, 2025

- Family Day Break

February 17-21 (No Classes)



First Steps Music & Movement Classes Starting in January....

Interested in dance for your 3 or 4 year old? Try a Winter Sessional For First Steps Music & Movement!

First Steps Music & Movement Winter Sessional Registration Is OPEN on our WEBSITE.
<https://www.moveyourselfdance.com/sessionals/>

Sundre MYD Studio FSM&M Monday 2:30-3:00 PM with Miss. Heidi - \$120

Olds MYD Studio FSM&M Monday 4:00-4:30 PM with Miss. Shara - \$120

Questions Or To Register: Contact office@moveyourselfdance.com

NEW Studio Communication Policy...

We have created a Communication Policy. Please take a few minutes to read through this NEW policy. You can also find the policy on our website at <https://www.moveyourselfdance.com/general-information/>



Dance Studio Communication Policy for Parents

At our dance studio, we strive to maintain open and respectful communication to address all questions, feedback, and concerns efficiently. To help us serve you better, please follow the guidelines below.

1. Preferred Communication Channels

- **Email:** For all non-urgent inquiries (scheduling, tuition, class placement, etc.), please contact us at office@moveyourselfdance.com. We aim to respond within 2 business days.
- **Phone Calls:** For urgent/emergency matters, call us on our cells. Christine (403-586-1115) & Heidi (403-507-6590)

Please Note: Texting staff with questions or concerns is not preferred, as it may interrupt class time or personal time. We ask that parents use email to ensure a timely response and organized communication.]

2. Teacher Communication

- Instructors focus on class time with students, so please avoid discussing concerns directly before or after classes. Use email or request a meeting for any questions or feedback about your child's progress.

3. Response Time and the 24-Hour Rule

- We aim to respond to emails and messages within 48 hours, except on weekends and holidays. For urgent phone calls, we will prioritize a same-day response.
- **The 24-Hour Rule:** If you have a major concern or complaint, we ask that you wait 24 hours before contacting us. This cooling-off period helps us all approach the matter thoughtfully and respectfully. After 24 hours, please reach out by email, and we'll be happy to set up an In-Person Meeting.

4. In-Person Meetings

- For in-depth concerns, such as class placement, behavior, or special accommodations, please schedule an appointment. This allows us to prepare and dedicate our full attention to your concerns. Meetings will be scheduled with both Studio Directors Christine & Heidi.

5. Respectful Interaction

- We are committed to maintaining a respectful and positive atmosphere for all communication. Please bring concerns to us in a constructive manner, and we promise to do the same in addressing your needs.

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- As both of our studios are located in small communities, it's common for dance parents to see studio directors at community events or activities. While we value these connections, we kindly ask that directors' personal and family time be respected and that dance-related issues or concerns not be brought up in these settings.

By observing these guidelines, we can ensure that all communication remains focused, professional, and respectful. Thank you for your understanding and cooperation!

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